

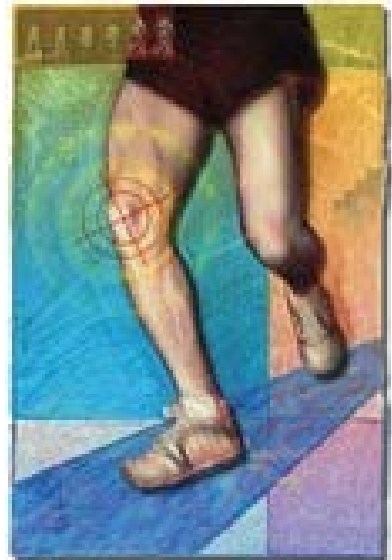
Homeopathy For Sport Injuries Workshop

with Rachel Foy
BSc (hons) MLCHom MARH
Registered Homeopath

This 2 hour workshop is suitable for anyone wishing to learn how to use homeopathy for sport injuries.

Contents are:

- An introduction to homeopathy
- First Aid, Acute & Constitutional prescribing
- Remedies for common complaints such as
 - Sprains & Strains
 - Torn Ligaments
 - Pulled Muscles
 - Inflammation



Homeopathy is a form of natural medicine, which is safe to use for people of all ages. Having a basic knowledge of first aid remedies is very rewarding if you are a keep sports person. I aim to give you the self-confidence during this workshop that you are happy to self prescribe for yourself, friends & family afterwards!

Next Workshop is on.....

Book for your place today and call:

Rachel Foy

BSc (Hons) MLCHom MARH

Registered Homeopath

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Special Offer
£30 per person

Price includes refreshments & reference handouts.

Discounted remedy kits can be bought on the day

This offer cannot be used in conjunction with any other offer. Terms and Conditions apply