

# Homeopathy for Pregnancy & Childbirth

Do you want to learn about homeopathy?

Do you want to know about a natural medicine safe to use in pregnancy?

Do you want to know what remedies are great to help with labour?

Do you want to feel confident at self prescribing?



**COME TO THIS 2 HOUR WORKSHOP  
WITH YOUR BIRTH PARTNER & FIND OUT MORE!**

Every birth is a unique & challenging experience that is naturally unpredictable. Remedies support this process in a number of ways:

- To establish effective contractions
- To prevent exhaustion
- To help resolve fear & anxiety
- Help with recovery afterwards

Book a place today:

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Registered Homeopath

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[www.HomeopathManchesterBolton.co.uk](http://www.HomeopathManchesterBolton.co.uk)

**Next Workshop is.....**

## WORKSHOP PRICE

**2 hour workshop for  
mothers to be & their birth  
partner only £50 per couple  
OR**

**£80 per couple including an  
Ainsworth's 42 remedy kit  
(RRP £34.99)**

**Cost includes: refreshments &  
reference material**